

The Tenth Sunday after Pentecost



Holy Eucharist
August 1, 2021, 10:00 a.m.

This service of Holy Eucharist is taken from *The Book of Common Prayer* (2019) of the Anglican Church in North America, and from *The Hymnal 1982*. The congregation stands as able at the introduction to a hymn, except during Communion. Physical acts of worship are optional: crossing †, bowing ↓, kneeling, standing.

We enter this consecrated place with reverence, quietly preparing ourselves to meet Almighty God.

Wearing a mask is optional.

THE WORD OF GOD

PRELUDE The Church's one foundation 2016, David Blackwell (b. 1961)

HYMN 525 The Church's one foundation *Aurelia*
(Paul Mason, trumpet)

THE ACCLAMATION *The Book of Common Prayer*, p. 123

Celebrant: † Blessed be God: the Father, the Son, and the Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

THE COLLECT FOR PURITY BCP, p. 124

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW BCP, p. 124

Jesus said: You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets. (*Matthew 22:37–40*)

THE KYRIE BCP, p. 124

(*On hearing God's law, we pray for mercy: forgiveness for breaking the law, grace to keep it.*)

↓ Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us. ↑

THE COLLECT OF THE DAY Proper 13 BCP, p. 618
(Week of the Sunday from July 31 to August 6)

Celebrant: The Lord be with you.

People: **And with your spirit.**

Celebrant: Let us pray.

Almighty and merciful God, it is only by your grace that your faithful people offer you true and laudable service: Grant that we may run without stumbling to obtain your heavenly promises; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSON (*sitting*) (ESV pew Bible, p. 58) Exodus 16:2–4, 9–15

And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, and the people of Israel said to them, "Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day's portion every day, that I may test them, whether they will walk in my law or not."

Then Moses said to Aaron, "Say to the whole congregation of the people of Israel, 'Come near before the LORD, for he has heard your grumbling.'" And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud. And the LORD said to Moses, "I have heard the grumbling of the people of Israel. Say to them, 'At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the LORD your God.'"

In the evening quail came up and covered the camp, and in the morning dew lay around the camp. And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. When the people of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "It is the bread that the LORD has given you to eat."

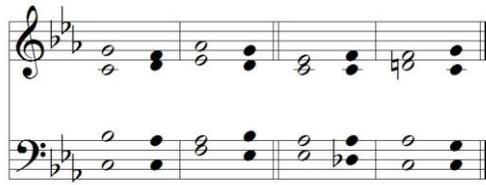
After the reading: The Word of the Lord.

People: **Thanks be to God.**

THE PSALM 78:14–26 (*standing*)

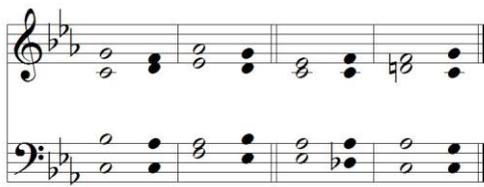
BCP, p. 369

(Using natural word rhythms and emphases, sing the text on the reciting note. At the last accented syllable — preceded below by a slash — change to the cadential note.)



2016, Daniel Jay McKinley (b. 1953) ©

- All 14 He divided the sea and let them go / through; *
he made the waters to stand in a / heap.
15 In the daytime he led them with a / cloud, *
and all the night through with a light of / fire.



2016, Daniel Jay McKinley (b. 1953) ©

- All* 16 He split the hard rocks in the / wilderness *
and gave them drink in abundance, as out of the great / deep.
- 17 He brought waters out of the stony / rock, *
so that it gushed out like the / rivers.
- Lower voices* 18 Yet for all this they sinned more a- / gainst him, *
and provoked the Most High in the / wilderness.
- 19 They tested God in their / hearts *
and demanded food for their / craving.
- Higher voices* 20 They spoke against God, / saying, *
“Can God prepare a table in the / wilderness?”
- 21 Indeed, he smote the stony rock, so that water gushed out, and
the streams over- / flowed; *
but can he give bread also, or provide meat for his / people?”
- Left side* 22 When the LORD heard this, he was full of / wrath; *
so a fire was kindled against Jacob, and there flared up
fierce anger against / Israel,
- 23 Because they did not believe in / God, *
and did not put their trust in his / help.
- Right side* 24 So he commanded the clouds a- / bove *
and opened the doors of / heaven.
- 25 He rained down manna upon them to / eat *
and gave them food from / heaven.
- 2nd half (start at double bar)*
- All* 26 So mortals ate the bread of / angels; *
for he sent them food e- / nough.
- All* ↓ Glory be to the Father, and to the / Son, *
and to the Holy / Spirit; ↑
as it was in the beginning, is now, and ever / shall be, *
world without end. A- / men.

THE EPISTLE (*sitting*) (ESV pew Bible, p. 977) Ephesians 4:1–16

I [Paul] therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit — just as you were called to the one hope that belongs to your call — one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all. But grace was given to each one of us according to the measure of Christ’s gift. Therefore it says,

“When he ascended on high he led a host of captives,
and he gave gifts to men.” (*Psalm 68:18*)

(In saying, “He ascended,” what does it mean but that he had also descended into the lower regions, the earth? He who descended is the one who also ascended far above all the heavens, that he might fill all things.) And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

After the reading: The Word of the Lord.
People: **Thanks be to God.**

THE ALLELUIA *(standing)*

(During the Alleluia, children depart for Catechesis of the Good Shepherd: ages 3–8 process behind the cross to the Atrium in the Parish Hall. All will return after the sermon.)

(1st time: cantor. 2nd time: congregation. Verse: cantor. 3rd time: congregation.)



Cantor: “Man shall not live by bread alone,
but by every word that comes from the mouth of God.”

—Matthew 4:4 (Deuteronomy 8:3)

THE GOSPEL

(ESV pew Bible, p. 891)

John 6:24–35

(The sign of the cross may be made with the thumb on forehead, lips, and chest, to remind us to honor Christ with our thoughts, words, and heart.)

Before the reading: †† The Holy Gospel of our Lord Jesus Christ according to Mark.

People: ↓ **Glory to you, Lord Christ.** ↑

So when the crowd saw that Jesus was not there, nor his disciples, they themselves got into the boats and went to Capernaum, seeking Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.” Then they said to him, “What must we do, to be doing the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “Then what sign do you do, that we may see and believe you? What work do you perform? Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. For the bread of God is he who comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

After the reading: The Gospel of the Lord.

People: ↓ **Praise to you, Lord Christ.** ↑

THE SERMON

Fr. Ray

THE NICENE CREED *(standing)*

BCP, p. 126

Celebrant: Let us confess our faith in the words of the Nicene Creed:

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, visible and invisible.**

**We believe in one Lord, ↓ Jesus Christ, ↑
the only-begotten Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation**

**↓ he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**↑ On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,**

**who with the Father and the Son ↓ is worshiped and glorified, ↑
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one Baptism for the forgiveness of sins.
† We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE *(kneeling or sitting)*

BCP, p. 128

Deacon: Let us pray for the Church and for the world, saying, “hear our prayer.”

Intercessor: For the peace of the whole world, and for the well-being and unity of the people of God.
Lord, in your mercy: **hear our prayer.**

For Foley Beach, our Archbishop; Andrew Williams, our Bishop; and for all the clergy and people of our diocese and congregation.
Lord, in your mercy: **hear our prayer.**

For all those who proclaim the Gospel at home and abroad; and for all who teach and disciple others.
Lord, in your mercy: **hear our prayer.**

For our brothers and sisters in Christ who are persecuted for their faith.
Lord, in your mercy: **hear our prayer.**

For our nation, for those in authority, and for all in public service, especially Joe Biden, our President; and Charlie Baker, our Governor.
Lord, in your mercy: **hear our prayer.**

For all those who are in trouble, sorrow, need, sickness, or any other adversity.
Lord, in your mercy: **hear our prayer.**

For all those who have departed this life in the certain hope of the resurrection, in thanksgiving let us pray.
Lord, in your mercy: **hear our prayer.**

Celebrant: Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and forever. **Amen.**

THE CONFESSION AND ABSOLUTION OF SIN

BCP, p. 129

Deacon: Let us humbly confess our sins to Almighty God.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.**

Celebrant: Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, † have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE COMFORTABLE WORDS

BCP, p. 130

(The Celebrant may then say one or more of the following sentences, first saying:)

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest. *(Matthew 11:28)*

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life. *(John 3:16)*

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners. *(1 Timothy 1:15)*

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only but also for the sins of the whole world. *(1 John 2:1–2)*

THE PEACE *(standing)*

BCP, p. 131

Celebrant: The peace of the Lord be always with you.

People: **And with your spirit.**



high - est, ho - san - na in the high - est.

Setting: Joel Martinson (b. 1960)

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THE PRAYER OF CONSECRATION *(kneeling or sitting)*

BCP, p. 132

Holy and gracious Father: In your infinite love you made us for yourself; and when we had sinned against you and become subject to evil and death, you, in your mercy, sent your only Son Jesus Christ into the world for our salvation. By the Holy Spirit and the Virgin Mary he became flesh and dwelt among us. In obedience to your will, he stretched out his arms upon the Cross and offered himself once for all, that by his suffering and death we might be saved. By his resurrection he broke the bonds of death, trampling Hell and Satan under his feet. As our great high priest, he ascended to your right hand in glory, that we might come with confidence before the throne of grace.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me." †

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." †

Therefore we proclaim the mystery of faith:

Christ has died.

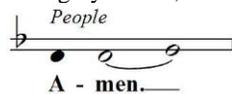
Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving, and we offer you these gifts.

Sanctify them by your Word and Holy Spirit to be for your people the Body and Blood of your Son Jesus Christ. † Sanctify us also, that we may worthily receive this holy Sac-rament, and be made one body with him, that he may dwell in us and we in him. In the fullness of time, put all things in subjection under your Christ, and bring us with all your saints into the joy of your heavenly kingdom, where we shall see our Lord face to face.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and forever.



THE LORD'S PRAYER

BCP, p. 134

And now, as our Savior Christ has taught us, we are bold to pray:

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

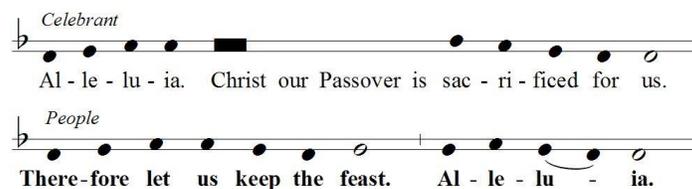
and the power, and the glory,

for ever and ever. Amen.

(Matthew 6:9-13)

THE FRACTION

BCP, p. 135



We do not presume to come to this your table, O merciful Lord,
 trusting in our own righteousness,
 but in your abundant and great mercies.
 We are not worthy so much as to gather up
 the crumbs under your table;
 but you are the same Lord
 whose character is always to have mercy.
 Grant us, therefore, gracious Lord,
 so to eat the flesh of your dear Son Jesus Christ,
 and to drink his blood,
 that our sinful bodies may be made clean by his body,
 and our souls washed through his most precious blood,
 and that we may evermore dwell in him, and he in us. Amen.

(Based on Mark 7:28 & John 6:56)

THE AGNUS DEI

BCP, p. 136

Lamb of God, you take a-way the sin of the world, have
 mer-cy on us. Lamb of God, you take a-way the sin of the
 world, have mer-cy on us. Lamb of God, you take a-way the
 sin of the world, grant us your peace, grant us your peace.

Setting: Joel Martinson (b. 1960)
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THE MINISTRATION OF COMMUNION

BCP, p. 136

(Facing the People, the Celebrant may say the following invitation:)

The gifts of God for the people of God. [Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.]

(or this:)

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those who are invited to the marriage supper of the Lamb.

(John 1:29, Revelation 19:9)

All baptized Christians, including children, are welcome to receive the Sacrament of Holy Communion.

After the musicians have received, the congregation — starting with the two middle sections — may come forward via the center aisle to receive the Sacrament, and then return to the pews by the side aisles to consume the Sacrament.

Please deposit used communion cups in bins at the back of the church after the service.

Anyone not receiving the Sacrament is welcome to come forward and receive a blessing from a priest; please indicate this intention by crossing your arms over your chest.

Those not able to come forward may notify an usher of their need to be served in the pew.

Gluten-free wafers are available on request.

MUSIC AT COMMUNION

Hymn 315 Thou, who at thy first Eucharist didst pray

Song 1

Hymn 711 Seek ye first the kingdom of God *Seek Ye First*

(In round: *Left side begin stanza 1.*

Right side begin stanza 1 when left side starts the refrain.)

Stanza 3: Man shall not live by bread alone,
but by every word
that proceeds from the mouth of God.
Allelu, alleluia!

—Matthew 4:4 (Deuteronomy 8:3) ESV

THE POST COMMUNION PRAYER (*kneeling or sitting*)

BCP, p. 137

Heavenly Father,
We thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the body of your Son,
and heirs of your eternal Kingdom.
And now, Father, send us out to do the work you have given us to do,
to love and serve you as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

THE BLESSING

BCP, p. 137

Response: **Amen.**

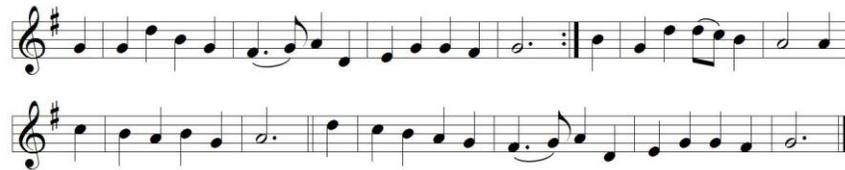
THE DISMISSAL

BCP, p. 138

Response: **Thanks be to God.**

HYMN We all are one in mission

Es flog ein kleins Waldvögelein



All

1 We all are one in mission,
we all are one in call,
our varied gifts united
by Christ, the Lord of all.
A single, great commission
compels us from above
to plan and work together
that all may know Christ's love.

Lower voices

2 We all are called for service
to witness in God's name;
our ministries are different,
our purpose is the same:
to touch the lives of others
by God's surprising grace,
so every folk and nation
may feel God's warm embrace.

Higher voices

3 We all behold one vision,
a stark reality:
the steward of salvation
was nailed upon a tree.
Yet resurrected justice
gives rise that we may share
free reconciliation
and hope amid despair.

All

4 Now let us be united,
and let our song be heard;
now let us be a vessel
for God's redeeming word.
We all are one in mission,
we all are one in call,
our varied gifts united
by Christ, the Lord of all.

Words: 1986, Howard M. ("Rusty") Edwards III (b. 1955)
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Music: 16th century German folk tune

POSTLUDE The Church's one foundation c. 1886, Irvine Dearnaley (1839–1894)
(Hymn 525)

The closing acts of worship are the extinguishing of candles and the brief Postlude, for which the people may kneel or sit (or leave quietly). Thank you for not applauding.

Please deposit used communion cups in bins at the back of the church.
Thank you for helping to keep the church clean and safe.

Hospitality: Please join us in the Parish Hall for fellowship, coffee,
and tea — through the doors at the right front exit.

The building will close by 12:30 p.m.

Financial Report

July Report (on June Giving and Outreach)	June	FY Q4 Giving
Operating Fund Giving <i>(includes some restricted giving toward general operating needs, e.g. Bookkeeping)</i>	25,609.90	121,927.67
Restricted Fund Giving <i>(Campus Expansion, New Hampshire Mission, Imago Stage, and other designated purposes)</i>	69,585.62	104,509.57
Total Giving	95,195.52	226,437.24
Outreach (Missions and Ministries)	5,853.04	
Diocese Tithe	1,352.77	



Sunday, August 1 – Saturday, August 7

- † With our Archbishop and the rest of the ACNA, we pray for immigrant parents and children, refugees, and government leaders.
- † With the North Shore Gospel Partnership, we pray for all orphaned, abandoned, and at-risk youth on the North Shore, and ask that God would raise up faithful people to provide safe and loving homes and well-being for them in tangible ways.
- † We pray for those who are sick or in the hospital and those searching for employment, looking for housing, struggling to pay their bills, or experiencing grief.
- † We pray for strength and protection for our first responders: police, military, firemen, nurses, physicians, senior care helpers, medical technicians, and those in the food industry.
- † We pray for our lay ministries: intercessors, healing team, meal delivery team, and home group leaders.
- † We pray for Dana and Brandi Bates and their ministry to the people of Romania, especially the youth.
- † We pray for our Africa Task Force, for Fr. Malcolm as he leads a fundraising team of board members of Uganda Christian University Medical School to raise \$150,000 for a building (\$75,000) and equipping (\$75,000) a microbiology lab.
- † We pray for persecuted Christians in Bhutan, Central African Republic, Malaysia, Mali, Tajikistan, Tanzania, and Tunisia.
- † In the ACNA Cycle of Prayer, today we pray for the Anglican Province of Uganda and The Most Rev. Stephen Kazimba, Archbishop and his wife, Beatrice.
- † With the Anglican Diocese of New England, we pray for Geoff Little (Priest, All Nations Church, & Director of Operations, All Nations Academy – New Haven, CT), Blanca Little & All Nations Academy (Director of Academics – New Haven, CT), Dr. Abraham Chan (Priest, Golden Lampstand Ministries), Gail Paige-Bowman (Priest, non-parochial), Bruce Thayer (Priest (retired)), Peter Gachathi (Priest (retired)).

The Rev. Dr. Malcolm Reid, Assisting Priest, Celebrant
The Rev. Dr. Ray Pendleton, Assisting Priest, Preacher
The Rev. Scott Donis, Deacon
Dan McKinley, Minister of Music/Organist & Choirmaster

Vestry Members:
Willard Cook, Senior Warden
Cara Hanson, Junior Warden
Chaz Woodstock: Treasurer
Sarah Skinner: Clerk
Frank Candido: Member-at-Large
Mark Hanchett: Member-at-Large
Dan Hemmerly-Brown: Member-at-Large
Andrew Neill: Member-at-Large
Rachel Nimon: Member-at-Large
Sarah Wellwood: Member-at-Large
Dr. Don Williamson: Member-at-Large
vestry@ctrnorthshore.org

The beautiful plants outside the side entrance have been
given graciously by Betty Shaw.



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